

Improving reproductive health and preventing child marriage in Nepal



Project Aim

Improved health and gender equality and reduced child marriage in vulnerable communities in Nepal

Location

Nepal



Kalikot District,
Karnali Province

Target Groups

Women of reproductive age and adolescent girls

Timeline

2021 - 2025

Project Activities

1

Strengthening the capacity of government and health system stakeholders to design, deliver and monitor high-quality health services that are gender responsive and inclusive

2

Supporting Mother's Group Meetings, led by Female Community Health Volunteers (FCHV) to raise awareness among local women about reproductive, maternal and child health (SRMCH)

3

Organizing Male Engagement sessions to include husbands and male family members in discussions about gender and cultural **barriers to health**

4

Supporting comprehensive sexuality education (CSE) in 11 schools to improve adolescents' knowledge of sexual and reproductive health

5

Supporting 11 local health facilities to improve equipment, infrastructure, supplies and human resources



Achievements



Improved Knowledge & Attitudes in the Community*

*measured after two years of project implementation



98% of women who participated in Mother's Group meetings knew the recommended **number** and **timing** of antenatal care (ANC) **checkups** for pregnant women

80% of women who participated in Mother's Group meetings could name **three danger signs** for **mothers** during **delivery**

98% of **men** who joined the Male Engagements sessions agreed that husbands should **help their wife** with household **chores** and **accompany** her to the health facility

96% of **men** who joined the Male Engagement sessions agreed that a **husband** and **wife** should make **joint decisions** about contraceptive use

Increase in Student Knowledge*

*measured after one year of CSE implementation



25 percentage points increase in the number of students who were able to identify the **minimum legal age of marriage**

69 percentage points increase in the number of students scoring **75%+** on the knowledge assessment

20 percentage points increase in the number of students who could identify a **false belief about menstruation**

Pre-test **72%**

Post-test **97%**

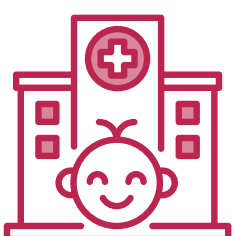
Pre-test **23%**

Post-test **92%**

Pre-test **76%**

Post-test **96%**

Health System Strengthening



3 Basic Health Service Centres were upgraded into **birthing centres**, thus increasing the number of birthing centres in the region from **2** to **5**



35 FCHVs received training on essential SRMCH topics, **8 nurses** received **Skilled Birth Attendant** training, **4 health workers** received **implant** training



The number of **health facilities** properly equipped to provide **SRH services** increased from **2** out of **10** health facilities to **7** out of **10** facilities

Reproductive Health Services Utilization



Women and adolescent girls who utilized **8** antenatal care (ANC) services as per protocol in the past year increased from **62%** to **69%**



Women and adolescent girls who utilized **4** postnatal care visits as per protocol in the past year increased from **25%** to **32%**



At the end of the project all women and adolescent girls were eligible* to receive the government ANC and delivery incentive

*Eligible is defined by completing all ANC visits as per protocol and delivering in a health institution



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