

2016-  
2017

# ANNUAL REPORT

## LIVABLE CITY PROGRAM, INDIA

ESAF has successfully achieved the targets set for the period of 2015-2016, the key programs that lead to this are Healthy Transportation, Parks Program and Active and Safe Route to School Program

ESAF INDIA  
BANGALORE, KOCHI, MALAPPURAM,  
2016-2017



Efforts to combat non communicable diseases are still in its early stages in Indian cities. There has been considerable momentum among the policymakers, public and NGOs to address the risk factors of these diseases and the strategies that have been adopted so far, although effective, are not sufficient in scale to deal with the tremendous burden NCD's will place on the people of India. A key strategy to address the rising incidents of NCDs in India is to develop and encourage the use of public spaces, pedestrian and bicycle friendly infrastructure, and to redesign our communities to ensure that walking, cycling, and recreational physical activities are an easy, everyday choice for people. This will help reduce sedentary lifestyles and encourage much greater levels of physical activity, thereby reducing their NCD risk.

ESAF's efforts to reduce NCDs over the last eight years demonstrated that focused attention on these strategies can achieve results. However, there needs to be ongoing efforts in this area, including developing awareness on the issue among different stakeholders, building capacity among policy-makers, and ongoing advocacy for policy changes that result in improved environments for physical activity. In addition, our experience demonstrates that mobilizing the community and engaging with them through community driven programs helps sustain interest and creates sustainability for the vision we are targeting:

*“We want happy and healthy children and families in every neighborhood who have safe streets, free access to parks, playgrounds, open space and fun places to play around.”*

ESAF has been working in five cities and have seen significant changes in the attitudes of policy makers, decision makers and the community towards actions that support physical activity. Our vision will ultimately lead to:

- Decreased morbidity and mortality due to injury and chronic diseases
- Increased social interaction and community cohesion

- Decreased emissions of air pollutants leading to poor air quality and climate change

Being a PAN India organization and one of the few organization that work on combating NCDs, ESAF has made its own mark in the field through our programs on healthy transportation, public spaces and Active and Safe Route to School (ASRTS) across five cities: Nagpur, Bangalore, Trichur, Kochi and Mallapuram

### **Major achievement of the year 2016-2017:**

#### **Capacity Building & Advocacy:**

- a. Twenty three students were trained to advocate for livable cities
- b. The Municipality of Malappuram offered office space in the municipality building, free of cost for running the Livable Cities program
- c. The AMRUT (Atal Mission for Rejuvenation and Urban Transformation) team from Palakkad sought assistance of ESAF in planning for implementation of NMT and Public space

#### **Publications:**

- a. Roots, the newsletter of DULT that is circulated across the country among the Ministry and Department of Urban Development, published two articles on our activities.
- b. Patient's Engage, which is an online group that supports people with various illnesses around the world, published our efforts in making inclusive play space.
- c. KILIKILI 's manual on how to develop inclusive play spaces mentioned ESAF's efforts in spreading the message and strategies used in Nagpur for developing inclusive play spaces as a policy change.
- d. Two of our case studies were published in the Urban Solution Campaign of UN Habitat under Driver 1: Governance and partnerships

<http://www.worldurbancampaign.org/active-and-safe-route-school-program-asrts-%E2%80%93-way-future-now-chance>

<http://www.worldurbancampaign.org/community-engagement-way-advocacy-reclaim-underutilized-public-spaces-0>

**Presentations:**

- a. ESAF had an opportunity to represent and share our expertise and experiences at Habitat III in Quito, Walk 21 in Hong Kong, and Climate Chance in Nantes and Dyuthi 2016.

**Networking:**

- a. ESAF was selected as Associate Partner for UN Habitat for their campaign World Urban Campaign based on our efforts in making cities livable through ASRTS and public space program.
- b. ESAF was selected as a member of International Federation of Pedestrians.
- c. Partners from Car Free Cities from Nepal visited ESAF for exploring and learning our experience in organizing Cycle Day, Open Street Events and Car Free Days

## Healthy Transportation:

### Policy development:

- a. Bruhat Bengaluru Mahanagara Palike (BBMP) allocated budget in 2017-2018 to promote NMT and handed over the responsibility to Directorate of Urban Land Transport (DULT), the official partner of Cycle Day from State Government. This budget allocation was the result of four years of continuous engagement, capacity building and advocacy with various partners through Cycle Day and Open Street Events
- b. ESAF was named as one of the permanent members of the Working Group constituted by the Municipality of Malappuram for Urban Planning.
- c.

### Capacity Building

- d. Built the capacity of 13 new community partners in organizing Cycle Day in their neighborhood. As of now since 2014, 30 communities organize at least 1 cycle day in a month.
- e. ESAF was able to mobilize 75% of fund required to observe CFD in three cities.
- f. ESAF built capacity of 15 organizations in India, to organize and advocate for Car Free Streets.
- g. Corporation of Kochi Mayor requested ESAF to provide capacity building to community organization for conducting open street events
- h. Organized 1 capacity building event titled 'planning park development' for elected members and political members with 5 District Panchayath officials, 31 Corporation Councillors, 35 Government officials, which resulted in councilors discussing about functionality of parks and constituting Bye Law. ESAF was asked to develop a Bye law for one park by the city administration

### Community engagement:

- a. ESAF created awareness about parklet in India, which was the first of its kind as a strategy to be used in making streets people friendly. 3 communities have shown their interest to replicate the idea.
- b. Advocacy efforts for making safe routes to school resulted in new footpaths being constructed in the school areas.
- c. ESAF presented at a national seminar held by National Institute of Physical Medicine and Rehabilitation where Chief Secretary of the State stressed upon the need of barrier free designs followed by our presentation, which in turn resulted in increased awareness among panchayat officials, elected members , representation from various NGO's and government officials.
- d. The Chief Town Planner of Thrissur agreed to add and approved inclusive pedestrian elements in city development plan at a conference on "Inclusions and Exclusions: Approaches in Planning".
- e. Two reports of ESAF–Trichur Walkability Study and Pedestrian Friendly Swaraj Round were used as baseline information for the national consultation on redesigning the Central Business District (CBD) in Trichur.
- f. Obstructions from the footpath (Swaraj Round) were removed upon ESAF's intervention to facilitate the mobility of pedestrians.

Projected Activities- Research	Output	Immediate/ Intermediate Outcomes - Results	Variance
Organizing research	Conducted 1 Walkability Study	Increased awareness on walkability in Kochi	None
Projected Activities- Community Engagement	Output	Immediate/ Intermediate Outcomes - Results	Variance
<b>1. Organize Open Street Events</b>	Organized 7 open street events <sup>1</sup>	<ul style="list-style-type: none"> <li>• Increased number of active citizens participating in the program <ul style="list-style-type: none"> <li>➤ 1045 general public</li> <li>➤ 527 children</li> <li>➤ 62 Parents</li> <li>➤ 1 new partner NGO working on PWD<sup>2</sup></li> <li>➤ 11 Associate Partners</li> <li>➤ 10 Volunteers</li> <li>➤ 8 CKC<sup>3</sup> Teachers</li> </ul> </li> </ul>	None
<b>2. Organize Cycle Days</b>	ESAF helped 13 community partners to organize 13 Cycle Day	<ul style="list-style-type: none"> <li>• Increased number of people organizing and promoting Active transportation and lifestyles <ul style="list-style-type: none"> <li>➤ 13 community partners</li> <li>➤ 8100 general public</li> </ul> </li> </ul>	
	Organized 111 Cycle Day as Bengaluru Coalition for Open Streets ( BCOS)	<ul style="list-style-type: none"> <li>• Increased number of partners organizing cycle day in different communities <ul style="list-style-type: none"> <li>➤ 19 Community partners</li> <li>➤ 84500 general public</li> </ul> </li> </ul>	

<sup>1</sup> Bangalore – 2, Kochi -1, Nagpur – 2, Thrissur - 2

<sup>2</sup> PWD – Persons with Disability

<sup>3</sup> CKC – Community Knowledge Center

<p><b>3. Organize Car Free Day</b></p>	<p>4 CFD<sup>4</sup> was organized with the support partners and local city administration</p>	<ul style="list-style-type: none"> <li>• Increased understanding among various partners about the importance of observation of CFD <ul style="list-style-type: none"> <li>➤ Approximately 6000 people attended</li> <li>➤ Reached around 100000 people through various print and visual media</li> <li>➤ Financial support was received from 15 partners, which covered 100% of total expense</li> </ul> </li> </ul>	
<p><b>4. Organize Parklet Program</b></p>	<p>ESAF organized the first ParkLet in India</p>	<ul style="list-style-type: none"> <li>• Increased number of active citizens participating in the program <ul style="list-style-type: none"> <li>➤ 50-60 people participated</li> <li>➤ Identified 3 more spaces for organizing parklet in the community</li> <li>➤ Various communities showed interest to do parklet program</li> </ul> </li> </ul>	
<p><b>5. Interaction with Academics</b></p>	<ul style="list-style-type: none"> <li>• 3 Talk sessions with college students in 3 colleges<sup>5</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Increased understanding about the programs by different colleges and faculties <ul style="list-style-type: none"> <li>➤ Approximately 450 students from the background of Economics and Social Work</li> <li>➤ 18 faculty members</li> </ul> </li> </ul>	

<sup>4</sup> Kochi, Malappuram, Nagpur, Thrissur

<sup>5</sup> The We squared club was introduced to the Students of Christ (social work & economics) & Joseph's colleges by Ms. Debra Efroymson. She spoke mostly on how the present day youth should react to the current changes for the wellbeing and equality of everyone. She was accompanied by the staff of the LC team who also got a chance to talk about the work that ESAF conducts in Bangalore City. Program Manager was called to a Social Work College to commemorate World Social Work Day to share our expertise based on the theme sustainable development

		<ul style="list-style-type: none"> <li>• 2 colleges have shown interested to send students for placements/internships</li> </ul>	
<b>6. Network partnerships</b>	<ul style="list-style-type: none"> <li>• Meeting with Citizens for Bengaluru resulted in organizing two campaigns that demanded sustainable transport facilities</li> <li>• Suburban train - Chukubukubeku campaign</li> <li>• Bus Bhagya Beku (Public Transport required)</li> </ul>	<ul style="list-style-type: none"> <li>• Increased demand to the Government to prioritize the suburban rail system that has been pending for decades in Bengaluru City <ul style="list-style-type: none"> <li>➤ Social media post reached 510 people</li> <li>➤ Rs 3.45 billion INR has been allocated in the state budget for suburban rail.</li> <li>➤ BMTC allotted budget for 3000 buses - one of the demands raised in the campaign</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>• Organized Road Safety Rally and Quiz competition as part of Road Safety Week Observance in association with Students Police Cadets, Pattikkadu GHSS and Peechi Police, Kerala</li> </ul>	<ul style="list-style-type: none"> <li>• 100 Student Police Cadets had participated in the rally and quiz competition</li> <li>• City Traffic Department had endorsed the IEC materials developed by ESAF on Road Safety. They used the IEC materials in their departmental campaigns.</li> <li>• Result was increased understanding among policy cadets about pedestrian safety.</li> </ul>	
	<ul style="list-style-type: none"> <li>• ESAF, in association with Thrissur City Police,</li> </ul>	<ul style="list-style-type: none"> <li>Increased capacity among citizens to advocate and maintain walking cycling and public transit</li> </ul>	

	organized “ <b>Shubhayathra - 2016</b> ”, a traffic awareness and training program for the Student Police Cadets and drivers on 4/10/2016	<p>infrastructure</p> <ul style="list-style-type: none"> <li>➤ 10 Police officers</li> <li>➤ 200 Students Police Cadets</li> <li>➤ Drivers</li> </ul> <p>Increased capacity among government/ elected officials to develop and maintain walking, cycling and public transit infrastructure</p> <p>Thrissur city police have expressed their willingness to endorse and distribute our IEC materials in all their departmental &amp; general traffic awareness campaigns</p>	
<b>Organize 1:1 meetings with the journalists</b>	Meeting with journalists and media houses	293 media instances received <sup>6</sup>	
<b>Projected Activities- Capacity Building</b>	<b>Output</b>	<b>Immediate/ Intermediate Outcomes - Results</b>	<b>Variance</b>
<b>Build the capacity of stakeholders to organize open street events/ CFD</b>	Capacity built for 1 NGO working on People With Disabilities	1 NGO organized one open street event	None
	40 meetings with educational institution	4 educational institutions became partner for CFD.	
	CKC Teachers from 3 centers	CKC Teachers organized 2 open street events	

<b>1:1 meetings with partners</b>	<ul style="list-style-type: none"> <li>• 15 meetings with 13 community partners<sup>7</sup> in organizing 13 Cycle Days</li> </ul>	<ul style="list-style-type: none"> <li>• Increased understanding among journalists / media house.</li> <li>• One media house came on board and spread the message through different articles pre and post the event</li> <li>• Increased number of active community partners <ul style="list-style-type: none"> <li>➤ 11 new community partners were added this year to the list, which makes the total number of community members whose capacity has been built by ESAF to 30</li> </ul> </li> <li>• Increased understanding among journalists that they have prepared articles highlighting the importance of the events in promoting active lifestyle and transportation</li> </ul>	
	<ul style="list-style-type: none"> <li>• Organizing Car Free Day</li> </ul>	<p>Increased capacity among various stakeholders to organize Car Free Day</p> <ul style="list-style-type: none"> <li>➤ 17 partners participated in Car Free Day</li> <li>➤ 6 RWA<sup>8</sup></li> <li>➤ 5 NGO's</li> <li>➤ 6 Educational Institutions</li> </ul>	

<sup>7</sup> Bhuvanagiri RWA & Koramangala team, Candor School, I support Foundation, Kumara Park

<sup>8</sup> RWA- Residential Welfare Association

		<ul style="list-style-type: none"> <li>➤ 5 Corporation Councilors</li> <li>➤ 4 Architects</li> <li>➤ 6 Officials from Nirmithi Kendra</li> </ul>	
	<ul style="list-style-type: none"> <li>• 14 discussions held with IIA<sup>9</sup>, Thrissur Chapter, DD Architect, Kerala State Nirmithi Kendra to follow up on the Swaraj Round Construction</li> <li>• 9 discussions held with DD Architects and Kerala State Nirmithi Kendra on Phase 2 of Swaraj Round developments</li> <li>• 2 discussions were held with district town planner, to add inclusive features while developing footpaths in the city</li> </ul>	<ul style="list-style-type: none"> <li>• Obstructions of Swaraj Round Inner Circle were removed as per the order of the District Collector, as a result of the continuous intervention of ESAF LC team</li> <li>• Cycle lanes and railings were included in the 2<sup>nd</sup> phase of construction of Swaraj Round Inner pavement</li> <li>• Got a positive response from the Chief Town Planner and he assured us that he will include the suggestions put forward by ESAF through Swaraj Round Walkability study report</li> </ul>	

<b>1:1 meeting with the government officials</b>	Meeting with Dept of Health (Mr Prabhakar, Consultant, Union)	<ul style="list-style-type: none"> <li>• Increased understanding among the officials and the following extended support: <ul style="list-style-type: none"> <li>➤ 1 Police Inspector</li> <li>➤ 2 Community partners</li> <li>➤ 2 Traffic police men</li> <li>➤ 1 Deputy Commissioner</li> <li>➤ 2 Transport Planners</li> </ul> </li> </ul>	None
	Meeting with Deputy Director of DULT <sup>10</sup> , Department of Urban Development (UDD)		
	Meeting with the Police Inspector for Parklet program		
	Organized meetings with Department of Traffic, Education wing	<ul style="list-style-type: none"> <li>• Increased support from the officials <ul style="list-style-type: none"> <li>➤ 3 Traffic Education officers</li> </ul> </li> </ul>	
<b>1:1 meeting with the elected members</b>	Meeting held to obtain the signatures of Elected members to push for suburban trains in Bangalore <sup>11</sup>	<p>Increased capacity among government/ elected officials to seek funds from the central government for developing public transit infrastructure</p> <p>2 Councilors signed the petition</p> <ul style="list-style-type: none"> <li>➤ Request letter was submitted to Ministry of Railways</li> </ul>	None
	1 meeting with elected officials of Nagpur to seek the support to organize open street events	<ul style="list-style-type: none"> <li>➤ 1 elected official</li> <li>➤</li> </ul>	
	1 discussions was held with the Councilors of Kochi Corporation, to seek support	<ul style="list-style-type: none"> <li>➤ Increased support and understanding from the stakeholders</li> <li>➤ 3 councilors participated in the discussion</li> </ul>	

<sup>10</sup> DULT – Directorate of Urban Land Transport

<sup>11</sup> This signature campaign was held to push for suburban train in Bangalore. The signatures collected as part of the campaign were submitted to Railway Minister and Ministry of Railways

	for walkability study	<ul style="list-style-type: none"> <li>➤ Kochi Corporation was a partner in organizing Car Free Day</li> <li>➤ 4 officials from Department of Police</li> <li>➤ 4 standing Committee Chairman</li> <li>➤ 4 Councillors</li> <li>➤ Mayor</li> <li>➤ Deputy Mayor</li> <li>➤ 2 Assistant Engineers of Pollution Control Board</li> </ul>	
	Meetings were held with Municipal officials, National Highway and State Highway Departments, Department of Social Justice, district town planner to advocate for reconstruction of inclusive footpaths	<ul style="list-style-type: none"> <li>➤ Increased capacity among government/ elected officials to develop and maintain walking, cycling and public transit infrastructure</li> <li>➤ Municipality expressed interest to construct inclusive pedestrian infrastructure including Ramps, Curbs and Railings during footpath reconstruction</li> <li>➤ ESAF officials received an invitation to attend further meetings with the reconstruction committee</li> </ul>	
	<ul style="list-style-type: none"> <li>• Co organized a one day</li> </ul>	<ul style="list-style-type: none"> <li>➤ Walkability report was shared with the chief</li> </ul>	

	<p>seminar with Govt. Engineering College, ITPI India (Kerala Regional Chapter), COSTFORD &amp; IIA Thrissur center on <b>“Inclusion and Exclusion, Approaches in Planning”</b> as part of <b>World Town Planning Day</b> observance</p> <ul style="list-style-type: none"> <li>• Participated in “Parikrama 2017”, National Workshop on “Redesigning Swaraj Round”</li> <li>• Presented a paper on Age-Friendly Cities in an International Conference</li> </ul>	<p>Town Planner of Thrissur to include the suggestions in the city development plans</p> <ul style="list-style-type: none"> <li>➤ 1275 participants attended the seminar, which included eminent academicians, urban practitioners and town planners along with the GEC<sup>12</sup> students</li> <li>➤ ESAF shared the walkability reports and introduced our work to 2 national level town planners and the report was taken as a baseline study for redesigning the Swaraj round.</li> <li>• Shared the inclusive play space design with Chief Secretary, which was appreciated</li> <li>➤ 400 people from different walks of life participated in the event</li> <li>➤ Collector assured us there would be a barrier free environment in Thrissur</li> </ul>	
	<ul style="list-style-type: none"> <li>• Organized one training workshop for the</li> </ul>	<p>Increased capacity among government/ elected officials to develop and maintain parks</p>	

<sup>12</sup> GEC- Government Engineering College

	<p>elected officials to build their capacity in terms of taking appropriate decisions on park development plans</p>	<p>5 District Panchayath officials 31 Corporation Councillors 35 Government officials</p>	
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**Additional Comments:**

Followed by CFD Kochi, Mayor and Standing Committee Chairman have expressed their appreciation for organizing such a big event in Kochi. Post the event she has referred ESAF's efforts in many places and directed two partners who wants to organize cyclathon, walkathon to ESAF asking them to seek our support. Communication was made to ESAF team by Mayor to assess the potential and objective of the partners and guide the team.



## Public Space Program

1. ESAF organized 77 park events in three parks on a weekly basis, which led to 718 children to be actively engaged with play and public space. Followed by this, a community that never allowed children to be in the park/public space felt safe to send their wards out for play.
2. ESAF built the capacity of women in 4 communities where they started working confidently with their elected members to develop and maintain public space in their area.
3. ESAF initiated a “Beach for All Campaign”, which gained much media attention, as well as attention from the local government and elected members. As a result 4 Panchayaths decided to redesigning beaches in their area to safe and accessible public space.
4. Capacity building of Government officials at Nagpur Municipal Corporation resulted in the officials demanding funds for developing more inclusive parks in the city from the State Funds.
5. Visible changes have been vocalized by the walking club members (5 clubs with 161 members, increase is from 0-161 over a period of 9 months) the city of Nagpur in terms of general health, decreased blood pressure and diabetes.
6. ESAF was asked to develop a bylaw for park development and management for developing cultural village.
7. ESAF, in partnership with Institute of Architect in Nagpur, developed a play space, which won a runner up award in the Westminster Design competition for transforming 100 public spaces in South Asia.
8. As a result of our intervention, a Member of the Legislative Assembly gave instructions to the Secretary of DTPC (District Tourism Promotion Council) to construct footpaths alongside Elanjikkulam (water body).
9. The Nattika grama-panchayath President asked ESAF to provide technical support in designing the Children’s Park at Nattika. They also expressed their willingness to associate with ESAF in terms of developing the infrastructure in Beaches.
10. Program Manager of ESAF was interviewed by Christine Ro, Copy Editor, University of California at UN Habitat 3, Quito. <https://howwegettonext.com/the-world-has-a-playground-deficit-8f6678ebc83c?gi=faf3a0e0f262#.3220huwyh>

Projected Activities- Research	Output	Immediate/ Intermediate Outcomes - Results	Variance
<b>Research on feasibility of making parks functional</b>	<ul style="list-style-type: none"> <li>• 2 FGD's organized in one community<sup>13</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Increased understanding among ESAF staff about the community needs and expectations from a public space, park. Participants included: <ul style="list-style-type: none"> <li>➤ 30 women</li> <li>➤ 10 men</li> <li>➤ 12 boys</li> <li>➤ 10 girl</li> </ul> </li> <li>• Increased capacity among partners to advocate for parks</li> </ul>	
Projected Activities- Policy Development	Output	Immediate/ Intermediate Outcomes - Results	Variance
<b>Organize park visits among government officials</b>	<ul style="list-style-type: none"> <li>➤ Organized a park visit at the Paravattany Children's Park, to liaise with the Division Councillor for implementing inclusive play</li> </ul>	<ul style="list-style-type: none"> <li>➤ Increased number of government officials agreeing to work on the issue (4 Corporation Councillors)</li> <li>➤ Post visit, the renovation work has speeded up</li> </ul>	

<sup>13</sup> It was understood that the number of people using park space is less, the quality and maintenance of parks is very poor which has led to anti-social activities but the community is willing to work on it to have better infrastructure in their community's park

	equipments in the later stages of park development		
<b>Projected Activities-Community Engagement</b>	<b>Output</b>	<b>Immediate/ Intermediate Outcomes – Results</b>	<b>Variance</b>
<b>Organize park events</b>	1. Organized 83 park events in 3 parks (77 events on park activities and 1 women’s day, 5 vacation camps)	<ul style="list-style-type: none"> <li>➤ Increased number of children playing safely and independently <ul style="list-style-type: none"> <li>• 391 Boys</li> <li>• 327 Girls</li> </ul> </li> <li>➤ Increased awareness about the importance of park and community elders feel safe for their children to be sent to park even without ESAF staff being in the premises</li> <li>➤ 2 women organized meetings with their Corporator and the elected leader about park development</li> </ul>	
	2. Celebrated World Disability Day with different partners at Advocate Sakharam Panth Park	<ul style="list-style-type: none"> <li>• Active number of partners spreading the message and decided to work together. Participants included: <ul style="list-style-type: none"> <li>➤ 4 guests who were differently able</li> <li>➤ 7 NGO’s working with differently able</li> </ul> </li> </ul>	

		<ul style="list-style-type: none"> <li>➤ 30 Students from Government Disability School</li> <li>➤ 40 Guests</li> </ul>	
	3. Organized one park cleaning program by the 1 walk club members	<p>Increased number of Park partners</p> <ul style="list-style-type: none"> <li>➤ 40 SHG Members</li> <li>➤ 3 ESAF Staff</li> <li>➤ 10 Children</li> </ul>	
<b>Formation of walk Clubs</b>	<p>4. 2 walk club were formed.</p> <p>5. Organised awareness on Breast Cancer and other NCD related illnesses</p>	<p>Increased number of Active Partners</p> <ul style="list-style-type: none"> <li>➤ 61 SHG members</li> <li>➤ 40 Children</li> <li>➤ 7 ESAF staffs</li> <li>➤ 3 Walking clubs formed in 3 parks</li> </ul>	
<b>Organize Beach program</b>	1. Organized Beach For All Campaign in one beach	<p>Increased understanding of the quality and quantity of beaches that partners have agreed to work</p> <p>4 partners on board to organize “Beach for All campaign in 2 beaches</p> <ul style="list-style-type: none"> <li>➤ 80 people participated</li> <li>➤ A group of 23 Transgender people have shown interest in participating in the beach for all campaign for inclusive park and beach developments at Kuzhuppilly</li> </ul>	

Projected Activities- Capacity Building	Output	Immediate/ Intermediate Outcomes - Results	Variance
<b>Share guidelines and reports with government and elected officials</b>	Shared the report (Situational analysis of Parks in Thrissur) with the government and elected officials at a Development seminar <sup>14</sup> , organized by Thrissur Corporation	<ul style="list-style-type: none"> <li>• Increase in understanding among public and government officials on the importance of public space</li> <li>➤ Draft prepared for 2 parks development is been sent to Mayor for approval</li> <li>➤ Participants included 5 District Panchayath officials, 31 Corporation Councillors, 35 Government officials</li> </ul>	
<b>Organize 1:1 meeting with elected and government officials</b>	1. Held meetings with the ward engineer and Deputy Director	Increased understanding among government officials <ul style="list-style-type: none"> <li>➤ 2 BBMP Officials, Department of Horticulture</li> </ul>	
	2. Held meetings with Corporator (elected member) on park development	Corporator who was defiant to have meetings with ESAF has now begun discussions.	

<sup>14</sup> ESAF took part in a Development seminar organized by Thrissur Corporation on 22<sup>nd</sup> June, with a view to collect inputs & suggestions from the general public and from the government officials, to include those in the city development plans. We have included 2 parks (Cultural Village, Ilanjikkulam) in the minute's report, to get the approval of the Hon'ble Mayor for initiating development activities there.

	<ul style="list-style-type: none"> <li>• Held 10 meetings with the elected officials of 4 panchayaths with regard to the development of 5 beaches</li> <li>• Submitted concept note on making beaches functional and inclusive to the officials</li> <li>• The District Tourism Promotion Council (DTPC) had asked LC team to give Power point presentation on the inclusive beach and park development and concept note for Open</li> </ul>	<p>Increased capacity among government/ elected officials to develop and maintain parks</p> <p>Better understanding among officials about the need of developing beaches as public space</p> <ul style="list-style-type: none"> <li>➤ 1 President</li> <li>➤ 1 Vice President</li> <li>➤ 3 standing Committee members</li> <li>➤ 2 DTPC Officials</li> <li>➤ Block Panchayat members<sup>15</sup> of 2 Panchayat</li> <li>➤ Officials from Department of Fisheries</li> </ul> <ul style="list-style-type: none"> <li>• The grama-panchayath accepted the suggestions and recommendations for beach development and directed DTPC for further developments<sup>16</sup>.</li> </ul>	
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<sup>15</sup> Block Panchayat Member – elected members in the area

<sup>16</sup> DTPC – District Tourism Promotion Council

	Gym in a seminar organized by DTPC	<ul style="list-style-type: none"> <li>ESAF was asked to be the resource person for the construction of children's park<sup>17</sup> at Nattika Beach</li> </ul>	
	<ul style="list-style-type: none"> <li>Held 2 discussions with Chair person, Town Planning Standing committee, Executive Engineer and Head of Amrut Project of Kochi Municipal Corporation regarding the park and</li> </ul>	Amrut Project head has informed ESAF that they will consider inclusive parks and open gym in the Amrut project.	

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<sup>17</sup> **Nattika:** The grama-panchayath is planning to construct a Children's Park at Nattika and the Panchayath itself is funding the whole project. In our discussions, they assured us that they will include inclusive features in the design incorporating open gym facilities as well. But, the design is not ready yet and they told us that they will share the design with ESAF once it is ready. They are willing take our expertise in the project. ESAF has a good role to play in the project and we already have a good network with the officials. The grama-panchayath (Nattika) is planning to have a Beach Fest in April, 2017. They have been doing the program for so many years now and they have already given a space for ESAF for conducting functional program in the fest. As of now, we are planning to organize a **Beach Football Tournament** in the fest. The Panchayath will provide all the support for the program.

ESAF will be organizing a Focused Group Discussion (FGD) among the coastal community after the questionnaire is approved for getting their support and to take suggestions from them regarding the development of Nattika Beach. The suggestions given by the community will be included in the proposal given to the Panchayath. It is not at all possible to organize an event at Nattika without the support of the community. Hence, we are trying to understand their perspective as well through FGD before doing any programs.

**Vadanappily:** The Fisheries Department is constructing a Sea Wall at the beach and the President said that he will review the proposal and present it in the council. So far, we didn't get any response from the officials and right now, we are following it up. The issue with the Beach is that it has a very limited space and the construction of the sea-wall is sloped down. Hence, it is quite difficult to construct a walking track above the sea-wall. But he assured that he will construct inclusive toilets alongside the beach with appropriate lighting. Anyhow, we are meeting the officials & council members this month itself to make our presence visible. Focus Group Discussion (FGD) will be held at the coastal community located here to know their opinion about beach development and what all things we need to take in to account.

	<p>public place development and concept on Open Gym</p>		
	<ul style="list-style-type: none"> <li>• 22 discussions held with government officials on the update of Kottakunnu Amusement Park to be converted to a public space accessible</li> </ul>	<p><b>Increased capacity among government/ elected officials to develop and maintain parks</b></p> <ul style="list-style-type: none"> <li>• Increased number of active partners</li> <li>• Increased number of officials / elected members sharing that they will work on the issue. The discussions were held with: <ul style="list-style-type: none"> <li>➤ 17 Municipality officials</li> <li>➤ 8 DTPC officials</li> <li>➤ 4 Government officials</li> <li>➤ 12 Councillors; including Municipal Chairperson</li> <li>➤ Secretary, DTPC</li> <li>➤ 2 DTPC staff</li> <li>➤ Development Standing Committee Chairman</li> </ul> </li> </ul> <p>Municipality has decided to reconstruct the amusement park into an open auditorium with children’s park according to ESAF’s suggestions. ESAF officials have an invitation to attend further</p>	

		meetings with regard to re construction. ESAF is a permanent member of the Working Group, constituted by the municipal council to develop parks in the city.	
	2 meetings held with Superintends of NIT <sup>18</sup> to share the details of Inclusive play space  • Submitted Inclusive park proposal with the support letter of Jeevan Dhara Special School	<ul style="list-style-type: none"> <li>• Increased awareness among the officials that he has agreed to work on the issue and asked for proposal including: <ul style="list-style-type: none"> <li>➤ 1 Superintendent</li> <li>➤ 2 Clerks</li> </ul> </li> </ul>	
	4 Meetings held with Superintendent of NMC <sup>19</sup> , Department of Garden for the follow up of Jagruthi Colony Park	<ul style="list-style-type: none"> <li>➤ Increased capacity among the officials that they have agreed to work providing more inclusive parks in Nagpur</li> <li>➤ Superintendent has submitted the proposal to State Government for budget allocation</li> <li>➤ Proposal is submitted to redesign the park as</li> </ul>	

<sup>18</sup> NIT – Nagpur Improvement Trust

<sup>19</sup> NMC – Nagpur Municipal Corporation

		Eco park and Inclusive park	
<b>Organize meetings with the partners</b>	<ul style="list-style-type: none"> <li>Built the capacity of the student to organize park programs and mapping of public space in 2 cities</li> </ul>	Increased understanding for the student/ new partners <ul style="list-style-type: none"> <li>➤ 23 MSW Students</li> </ul>	
<b>Organize meeting with journalists</b>	<ul style="list-style-type: none"> <li>Held meeting with the journalists</li> </ul>	<ul style="list-style-type: none"> <li>➤ The News regarding “Beach For All” campaign was broadcasted in Radio Mango (Kochi FM radio station)</li> <li>➤ 9 media instances in local edition newspaper s</li> <li>➤ An article about ESAF’s “Beach For All” campaign was published in the website of UN Habitat</li> </ul>	



### ACTIVE & SAFE ROUTE TO SCHOOL (ASRTS)

1. DULT issued a directive in association with the Department of Traffic to support all schools in Sanjay Nagar to continue with their ASRTS program.
2. 8 iwalk clubs were formed in 8 schools, with a total of 363 members
3. Followed by the Pedestrian Infrastructure Audit, 3 schools submitted their memorandum to Department of Traffic and Education who have given positive nod for ensuring safety of children by placing wardens in front of the school during school opening and closing hours.
4. Following the dissemination of Integrated Education Program (IEP) the recommendations have been added in the district Education plan to implement Integrated Education program. The MLA requested ESAF to provide technical support to implement the program at the constituency level.
5. Report submitted to DULT on Pedestrian Infrastructure Audit of Government School that will be used as a baseline for planning infrastructure improvements in the school area. DULT sought our consultation to develop a plan for the city of Bangalore.

Projected Activities- Research	Output	Immediate/ Intermediate Outcomes – Results	Variance
1. <b>Pedestrian and Cycling Infrastructure Audit</b>	Conducted audit in 1 government school and submitted the report to DULT for infrastructure improvements (cycle stands)	<ul style="list-style-type: none"> <li>➤ Increased number of people saying that they will work on the issue including:               <ul style="list-style-type: none"> <li>➤ 4 officials from DULT</li> <li>➤ 1 School principal</li> <li>➤ 5 Teachers</li> </ul> </li> </ul>	
2. <b>Conduct Baseline surveys – Travel</b>	Conducted baseline surveys in 6 schools	Better understanding of the mode of the transport	

<b>plans</b>		students take to school. ➤	
<b>Projected Activities - Policy Development</b>	<b>Output</b>	<b>Immediate/ Intermediate Outcomes - Results</b>	<b>Variance</b>
<b>Organize dissemination seminar</b>	<ul style="list-style-type: none"> <li>Organized a Dissemination Seminar of the Integrated Education Project at Ollukkara Block office</li> </ul>	<ul style="list-style-type: none"> <li>IEP Report has been added in the district Education plan to implement Integrated Education program</li> <li>The MLA had requested ESAF to provide technical support to implement the program at the constituency level.</li> <li>Participants included: <ul style="list-style-type: none"> <li>➤ 2 Officials from Department of Education</li> <li>➤ 8 Elected members</li> <li>➤ 40 Teachers</li> <li>➤ 5 Principals</li> </ul> </li> </ul>	
<b>Projected Activities- Community Engagement</b>	<b>Output</b>	<b>Immediate/ Intermediate Outcomes - Results</b>	<b>Variance</b>
<b>Organize meetings with partners</b>	<ul style="list-style-type: none"> <li>2 presentations were given to 5 Cycle Day communities partners<sup>20</sup> for initiating</li> </ul>	<ul style="list-style-type: none"> <li>Increased understanding among citizens / partners to advocate and implement for ASRTS.</li> <li>Participants included</li> </ul>	

<sup>20</sup> Rajaji Nagar, HSR Layout, Malleshawaram, Yellahanka, J P Nagar

	<p>ASRTS program through Cycle Day partners</p>	<ul style="list-style-type: none"> <li>➤ 11 Men</li> <li>➤ 27 Women</li> <li>➤ Increased capacity among partners that they have agreed to work on the issue</li> <li>➤ Malleshwaram team has initiated the program with one school</li> <li>➤ Awareness programs and walk club began in October 2016</li> </ul>	
	<ul style="list-style-type: none"> <li>• Presentation was made to 8 schools</li> <li>➤ 1 walk to school program follow up</li> </ul>	<ul style="list-style-type: none"> <li>• Increased understanding about the program that they have extended their support. Presentation participants include: <ul style="list-style-type: none"> <li>➤ 7 Principals</li> <li>➤ 1 Teacher has been appointed to coordinate the program</li> <li>➤ 3 Teachers</li> <li>➤ 480 students</li> </ul> </li> <li>• Increased capacity among teachers and students to advocate and implement for ASRTS</li> </ul>	
	<ul style="list-style-type: none"> <li>➤ ASRTS campaign at Sanjaynagar</li> </ul>	<ul style="list-style-type: none"> <li>• Awareness program on safety to walk and cycle to school</li> </ul>	

		<ul style="list-style-type: none"> <li>• Prominent persons who supported the event included: <ul style="list-style-type: none"> <li>➤ MLA of the locality</li> <li>➤ Department of Traffic Police</li> <li>➤ Department of Police</li> </ul> </li> <li>• Participation for the campaign from <ul style="list-style-type: none"> <li>➤ 8 private schools</li> <li>➤ 2 government schools</li> <li>➤ 1 college</li> <li>➤ 2500 children</li> </ul> </li> </ul>	
<p><b>Organize ASRTS activities</b></p>	<ul style="list-style-type: none"> <li>➤ Organized Cyclathon and walkathon @ JSS school, HSR to commemorate World Diabetes Day</li> </ul>	<ul style="list-style-type: none"> <li>• Increased capacity among volunteers to support the program</li> <li>• Increased capacity among teachers and students to advocate and implement for ASRTS</li> <li>• Awareness program on safety to walk and cycle to school</li> <li>• Approximately 300 students participated to spread awareness on the occasion of World Diabetes day <ul style="list-style-type: none"> <li>➤ 75 students joined the cyclathon</li> </ul> </li> </ul>	

		<ul style="list-style-type: none"> <li>➤ 7 teachers along with the Principal cycled along with the students</li> <li>➤ Approximately 200 students joined the walkathon</li> <li>➤ 9 volunteers from the HSR citizens forum</li> <li>➤ 12 Personnel's from Department of Traffic and Law order</li> <li>➤ 5 parents</li> </ul>	
	Coordinated with one school to develop a video <sup>21</sup> to be submitted for a competition	<ul style="list-style-type: none"> <li>● Increased understanding about the program and the following have extended their support <ul style="list-style-type: none"> <li>➤ 1 Principal</li> <li>➤ Teachers</li> <li>➤ 5 Students</li> </ul> </li> </ul>	
<b>Formation of iwalk Clubs</b>	<ul style="list-style-type: none"> <li>● Held meetings with the school principals of 8 schools to start Iwalk Club</li> </ul>	<ul style="list-style-type: none"> <li>➤ 8 - iwalk Clubs formed in 8 schools. Members of the club included <ul style="list-style-type: none"> <li>3 Principal</li> <li>33 Teachers</li> <li>363 students</li> </ul> </li> <li>➤ An awareness session was given by the</li> </ul>	

<sup>21</sup> <http://biomovies.tve.org/en/the-competition/global-youth-video-competition-on-climate-change/>

		Assistant Sub Inspector (ASI) of Traffic Department on <i>"How to follow traffic rules among the students"</i>	
<b>Conduct iwalk club activities</b>	<ul style="list-style-type: none"> <li>• Pedestrian Infrastructure Audit conducted in 7 schools</li> </ul>	<ul style="list-style-type: none"> <li>• Better understanding on the pedestrian infrastructure available around school</li> <li>• Increased awareness among the government officials that they have agreed to work on the issue</li> <li>• Assured better traffic control during the school opening and closing time by Traffic Police <ul style="list-style-type: none"> <li>➤ Students have prepared a report and prepared memorandum which will be submitted to the Commissioner of Traffic Police for further action</li> <li>➤ 150 students participated</li> <li>➤ 12 Teachers</li> </ul> </li> </ul>	

Projected Activities- Capacity Building	Output	Immediate/ Intermediate Outcomes - Results	Variance
<b>Organize meeting with government officials</b>	1 meeting was organized with Department of Traffic, DULT <sup>22</sup> and CiFoS <sup>23</sup>	<ul style="list-style-type: none"> <li>➤ Increased number of people saying that they will work on the issue               <ul style="list-style-type: none"> <li>➤ DULT have agreed to send a directive from the department to schools</li> </ul> </li> <li>➤ Increased capacity among government officials to support policies that facilitate ASRTS programs</li> <li>➤ Increased capacity among partners to advocate and implement ASRTS               <ul style="list-style-type: none"> <li>➤ CiFoS is continuing their support to organize the programs this academic year as well</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>• Held discussions with officials to include ASRTS in the school curriculum and to inform them about the Integrated Education Project (IEP)</li> </ul>	<p>Increased awareness among the government officials</p> <p>4 Government officials</p> <ul style="list-style-type: none"> <li>➤ 1 Elected member</li> <li>➤ 10 Traffic Officer</li> <li>➤ 11 Traffic Constables</li> </ul>	

<sup>22</sup> DULT – Directorate of Urban Land Transport

<sup>23</sup> CiFoS – Citizens for Sustainable Sanjay Nagar – Cyce Day community partner and ASRTS partner for Sanjay Nagar

	<ul style="list-style-type: none"> <li>Organized meetings with Department of Education to hand over the memorandum to the concerned officials</li> </ul>	<p>Increased number of government officials supporting that they will work on the issue</p> <ul style="list-style-type: none"> <li>➤ 2 Officials</li> <li>➤ 15 students</li> <li>➤ 2 Teachers</li> </ul>	
<b>Organise presentations to various partners</b>	<ul style="list-style-type: none"> <li>➤ Attended a meeting in Baldwin's school</li> <li>➤ Presented a lecture in St. Aloysius College on Pedestrians Right and healthy transportation</li> </ul>	<ul style="list-style-type: none"> <li>Promoting sustainable transport to reduce congestion during peak hours near schools</li> <li>ESAF will be working in association with DULT with CBD<sup>24</sup> schools for promoting sustainable transport</li> <li>Increased capacity among the students and teachers. Participants included <ul style="list-style-type: none"> <li>➤ 2 Principals</li> <li>➤ 12 Teachers/Faculty</li> <li>➤ 50 Students</li> </ul> </li> </ul>	
<b>Organizing awareness programs</b>	Organized awareness programs for 1 school	<p>Increased awareness among the school authorities and students and have agreed to form I walk clubs</p> <ul style="list-style-type: none"> <li>➤ 1 Principal</li> <li>➤ 3 Teachers</li> </ul>	

<sup>24</sup> CBD Schools - Central Business District Schools

		➤ 40 Students	
<b>Organize 1:1 meeting with journalists</b>	<ul style="list-style-type: none"> <li>Meetings with journalists of various written media firms about the event organized at JSS Public School.</li> </ul>	<ul style="list-style-type: none"> <li>Increased understanding among the journalists about the ASRTS program</li> <li>2 articles were published about the event @ JSS Public School</li> </ul>	



**Additional Comments:**

- **Regional Review meet** was organized in Bangalore this year with partners from Nepal and Bangladesh were also participated. This platform has provided each city too learn from others and explore further on where each city stands in terms of progress made in making cities livable

